

# SMITHS' LUNCHTIME 'SMALL PLATES' MENU

Any of the starters from the two course menu overleaf  
may be ordered as a 'Small Plates' dish  
for £5.25

Any main courses from the two course menu overleaf  
may be ordered individually  
for £8.95

**OLIVES:** Marinated in tomato and chilli OR olive oil, herbs and lemon £2.00

**GARLIC CIABATTA** £2.50 With cheese topping £2.95

**SOUPS** served with bread and butter £3.75

**Cream of Fish and Seafood Soup**

OR Today's second soup (ask staff for details)

**Deep fried Tiger Prawns in Filo Pastry.** Served with a tartare mayonnaise  
£5.95

**Lamb Meatloaf flavoured with peppers and mint.** Served with gravy and chips.  
£6.25

**Haloumi Pepper:** Sweet peppers filled with haloumi cheese flavoured with herbs, garlic and chilli. Baked and served hot dressed with a pesto dressing. (Vegetarian / GF)  
£5.95

**Fish and Chips** Tempura battered cod with chips, peas and tartare sauce  
£6.50

**Smiths' Corned Beef Hash :** (GF without chips)  
Made with beef cured in Smiths' kitchen. Served with chips and brown sauce  
£6.50

**Mushroom, Asparagus and Herb Risotto** topped with Parmesan shavings (Vegetarian)  
(N.B. This dish is Vegan without the cheese)  
£5.95

**Smoked Haddock Pie**  
Smoked haddock and peas with a spring onion mashed potato topping (GF)  
Served with either chips and salad OR potatoes and vegetables (G.F. without the chips)  
£6.25

**Smiths' Flatbread filled with Breadcrumbs Chicken Strips**  
Served with red pepper salad and Cajun mayonnaise  
£6.50

**Goats' Cheese** marinated in Rosemary and Lemon. Baked and served with Smiths' olives and crispy pitta  
£5.95 (Vegetarian)

**BOWL OF CHIPS** £2.00    **DISH OF ONION RINGS** £2.00    **SMALL GREEN SALAD** £2.95

**AND DON'T FORGET THAT YOU CAN ALSO ORDER ANY OF THE STARTERS  
FROM THE MENU OVERLEAF AS A 'SMALL PLATE' DISH FOR £5.25 EACH**

## TWO COURSE LUNCH MENU £13.50

**Main Course with either Starter from this menu, or a Pudding**  
( Dishes marked G.F. are Gluten Free - other allergen information is available - ask staff )

### STARTERS

**Cream of Fish and Seafood Soup with a warm bread roll**  
( Ask if you'd like gluten free bread with your soup. The fish soup is G.F. )  
( Please ask staff for details of today's second soup )

**'Peanut Chicken' Salad:** Chicken pieces cooked with peanuts, chilli & garlic. Served warm on a salad of shredded carrot, mange tout and chilli with a rice vinegar dressing. ( GF )

**Mushroom and Mozzarella Arancini:** Italian style rice balls, with mushroom, garlic and herbs. Stuffed with Mozzarella, breadcrumbed and served warm with sweet tomato relish. ( Vegetarian )

**Salmon Rilletes.** Smoked salmon & dill pate served with toasted ciabatta and pickled cucumber  
**Watermelon** with Feta cheese, chopped mint and a balsamic dressing. ( vegetarian / G.F. )

**Chicken Liver Paté** with sweet and sour red onion relish and toasted brioche  
OR

**Smiths' Mushroom Paté** with cranberry relish and toasted brioche ( vegetarian )  
( please ask if you'd like toasted gluten free bread with your paté - the patés are G.F. )

**Baba Ganoush:** A smoky dip made with roasted aubergine flavoured with lemon, cumin & garlic. Served with crispy pitta, artichoke heart salad and olives. ( Vegan ... and GF without pitta bread )  
( please ask if you'd like toasted gluten free bread instead of pitta bread )

**Barbecue Pork Ribs:** Marinated in Smiths' barbecue sauce, roasted and served hot. ( G.F. )

**Quinoa and Goats Cheese Warm Salad,** with sweet potato, kale and roast onion. Flavoured with garlic and served with a honey and mustard dressing ( vegetarian / GF )

### MAIN COURSES

**Chicken Thighs,** roasted and served on stir fried mixed peppers with salsa verde  
( Salsa Verde is a blend of herbs, garlic, capers and olive oil ) ( GF )

**Smoked Haddock Pie:** Smoked haddock and peas topped with spring onion mashed potato then baked ( GF )

**Halloumi Peppers.** Roast peppers stuffed with halloumi cheese flavoured with herbs, garlic and just a touch of chilli. Baked and served with wilted spinach, tomato sauce & pesto dressing. ( Vegetarian / GF )

**Grilled Gammon Steak,** with sliced potatoes baked in cream and topped with smoked Cheddar ( GF )

**Fish & Chips:** Battered cod with Smiths' own-made chips, garden peas and tartare sauce  
( potatoes and vegetables aren't served with our fish and chips )

**Asparagus and Mushroom Pinwheel.** Asparagus and mushrooms, flavoured with garlic & herbs, baked in a puff pastry 'wheel' and served on pea purée with red onion marmalade. ( Vegan )  
( the puff pastry is vegan ! )

**Smiths Beefburger** on a brioche bun with spinach, red onion and tomato. Served with sweet potato fries and a basil and sun blush tomato mayonnaise  
( Potatoes and vegetables aren't served with the burger )